

## Day One:

9:00-9:20am	Sign-In
9:20-9:30am	Introduction & Housekeeping
9:30-10:30am	Inflammation and Diet in Pregnancy Kathleen Tackett
10:30-10:45am	Break
10:45-11:45am	Environmental Contaminants: Implications for Pregnancy and Lactation Mishawn Purnell-O'Neil
11:45am-1:15pm	Lunch on your Own
1:15-2:15pm	New WIC Packages Virginia Soto
2:15-3:15pm	Abuse and Breastfeeding Kathleen Tackett
3:15-3:30pm	Break
3:30-4:30pm	Messages Utilized to Promote Infant Formula Kathleen Hoss
4:30pm	Adjournment - End of First Day's Video Stream



Please contact Michele Bailey  
at [Michele.Bailey@dhss.mo.gov](mailto:Michele.Bailey@dhss.mo.gov)  
with questions or if an accommodation  
is needed.

## Day Two:

9:00-9:30am	Sign-In
9:30-10:30am	Vitamin D in Pregnancy and Infancy Bruce W. Hollis
10:30-10:45am	Break
10:45-11:45am	Nutrition and Fertility Ruby Nguyen
11:45am-1:15pm	Lunch on your Own
1:15-3:00pm	Nutrition, Weight and Birth Defects Suzan Carmichael
3:00-4:00pm	Interconceptional Care: A Missed Opportunity Jamie Stang
4:00pm	Adjournment - End Video Stream

## Accreditation

- ♥ The program has been submitted for approval to the American Dietetic Association for 10 continuing education hours.
- ♥ Contact hours have been applied for through the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Centers Commission on accreditation.
- ♥ The program qualifies for 10 contact hours of professional continuing education.
- ♥ The Centers for Public Health Education and Outreach, University of Minnesota School of Public Health, maintains permanent records of all continuing education activities.

Presented by:  
MO Department of Health and Senior Services,  
Bureau of WIC and Nutrition Services,  
Nutrition Training Institute,  
and  
University of Minnesota,  
School of Public Health

Sponsored by:  
U.S. Department of Health and Human Services,  
Maternal and Child Health Bureau

# 2008 National Maternal Nutrition Intensive Course



Shown by Video Stream at the  
Missouri Department of Health and  
Senior Services, 930 Wildwood Drive,  
Jefferson City, Missouri

**September 16-17, 2008**

Wild Maple & Birch Conference Rooms

## About the Speakers:

- ♥ **Kathleen Kendall-Tackett**, PhD, IBCLC, Research Associate Professor of Psychology, Family Research Laboratory/Crimes Against Children Research Center, University of New Hampshire, Durham, NH
- ♥ **Mishawn Purnell-O'Neal**, MPH, Founder and Health Educator, BreastFeeding America, Forest Park, IL
- ♥ **Virginia Soto**, MS, RD, LD, Program Development Branch, Supplemental Food Programs Division, USDA/Food and Nutrition Services, Washington, DC
- ♥ **Kathleen Hoss**, RD, Assistant Director of Dining Services/Nutrition Care Manager, Morrison Management-Manzano del Sol Good Samaritan, Albuquerque, NM
- ♥ **Bruce W. Hollis**, PhD, Professor of Pediatrics, and Professor of Biochemistry & Molecular Biology, Director of Pediatric Nutritional Sciences, Medical University of South Carolina, Charleston, SC
- ♥ **Ruby Nguyen**, PhD, Assistant Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, Minneapolis, MN
- ♥ **Suzan Carmichael**, PhD, March of Dimes, California Research Division, Children's Hospital and Research Center Oakland, Oakland, CA
- ♥ **Jamie Stang**, PhD, MPH, RD, Assistant Professor, Division of Epidemiology and Community Education, School of Public Health, University of Minnesota, Minneapolis, MN

## Goal:

This continuing education program focuses on the improvement of maternal and infant health through the delivery of risk-appropriate high-quality nutrition services. It is designed for dietitians, nutritionists, certified nurse midwives, registered nurses and nurse practitioners, physicians and public health professionals who serve preconceptual, pregnant, postpartum and breastfeeding women.

## Objectives:

- ♥ Describe ways that appropriate nutrition services can improve pregnancy outcomes.
- ♥ Identify characteristics of model programs and counseling approaches for maternal and infant nutritional health.
- ♥ Describe the effect of maternal eating behaviors on birth outcomes and infant health status and development.

## Notes:

- ♥ Participants are asked to bring a sweater or jacket due to variations in temperature and personal preferences.
- ♥ Seating is limited. Please call the Nutrition Training Institute at 573.751.6244 to cancel.
- ♥ All meals and beverages will be on your own.

## Individual Registration for the 2008 National Maternal Nutrition Intensive Course:

Please complete the information below  
and fax by **August 22, 2008** to  
**Attn: Michelle Nienhuis** at 573.526.1470

NAME: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

PLACE OF EMPLOYMENT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_\_) \_\_\_\_\_

E-MAIL: \_\_\_\_\_



A confirming email  
will be sent to you  
as your receipt. If  
you do not receive  
an acknowledgement  
by August 20th,  
please email

Michelle.Nienhuis@dhss.mo.gov to verify  
registration.